

# HIGH ROLLER NEWS

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# October Drill Outlook

## October 2024 Drill High Roller Cafe

### SATURDAY LUNCH

1130-1300

#### MENU ITEMS:

Chicken Parmesan

Swedish Meatballs

Spaghetti Noodles

Mashed Potatoes

Gravy

Broccoli

Corn

Dinner Rolls

#### SHORT ORDER:

Cheeseburgers

Chicken Wraps

Tater Tots

#### ADDITIONAL ITEMS:

Salad Bar

Chili

Assorted Desserts

### SUNDAY LUNCH

1100-1230

#### MENU ITEMS:

Chicken Cordon Bleu

BBQ Pork Sandwich

Mashed Potatoes

Gravy

Mixed Veggies

Carrots

#### SHORT ORDER:

Cheeseburgers

Chicken Wraps

French Fries

#### ADDITIONAL ITEMS:

Salad Bar

Chili

Assorted Desserts

IF YOU ARE ACTIVE GUARD RESERVE (AGR), ON ANY KIND OF ORDERS (ANNUAL TRAINING, STATE ACTIVE DUTY, MPA, TITLE 10), OR AN OFFICER YOU MUST PAY.

**LUNCH MEAL RATE \$7.00**

## Weather

Sat



63°

34°

Sun



71°

42°

## Upcoming Events

25 October: Haunted Hangars

30 October: Spouse Lift

31 October: Boss Lift

2-3 November: November UTA

7-8 December: December UTA

April 2025: UEI Capstone

**HIGHROLLERS**

# Exercise: Shake 'n Bake

Story and Photos by Senior Master Sgt. Paula Macomber | 152nd Airlift Wing Public Affairs



*Top Left: Lt. Col. Christopher LeRoy, 152nd Airlift Wing Director of Inspections, explains the timeline of events for the continuity of operations (COOP) exercise during the morning briefing at the Nevada Air National Guard Base; Top Right: Jeanne Morrow (left), Wing Director of Psychological Health, checks on a civilian member of the Nevada Air National Guard and Airmen from the 152nd Communications and Security Forces Squadrons check on their co-worker (right) with a 'simulated' leg injury during the continuity of operations (COOP) exercise; Staff Sgt. Enrique Gonzalez, Jr., an Infrastructure Technician in the 152nd Communications Squadron, adjusts some equipment for the Joint Incident Site Communications Capability (JISCC) during the continuity of operations (COOP) exercise. The JISCC is a mobile communications system designed to outfit disaster first responders and other local, state, and federal agencies and can be used during times of emergency like what the exercise was demonstrating; Bottom Right: Fire Fighters from the 152nd Civil Engineer Squadron suit up to go into a building that was "notionally on fire" during the exercise. The exercise was designed to evaluate the base's ability to operate in a degraded communications environment after a natural disaster, in this case, an earthquake.*

RENO--The 152nd Airlift Wing, Nevada Air National Guard, performed a continuity of operations (COOP) and natural disaster exercise on Wednesday, September 25, 2024. The exercise was designed to evaluate the base's ability to generate core mission functions in a degraded environment - in this case, following a large-scale earthquake.

For the inspectors, the day began early at 6:45 a.m. with a briefing from the Wing IG, Wing Plans, and Inspection Team. Each inspector received guidance on best practices for identifying deficiencies, recommended improvement areas, and how to identify outstanding performers.

The exercise kicked off at 8:00 a.m. with the delivery of a situation report to the Wing Commander, Col.

Catherine Grush. At 8:15 a.m. the 'simulated' earthquake hit the greater Reno-Tahoe area. This was followed by an aftershock which notionally destroyed or shut down all but one building on base and knocked over the static display aircraft-closing off traffic at the front gate.

"We compressed about seven days into a six-hour time period," said Maj. Dimitrius Kassebaum, Exercise Planner, "I saw great leadership and excellent followership making this exercise a success."

Response for the earthquake and some tailored injects kept the exercise on track. The overarching goal of the exercise was to conduct a continuity of opera-

*Shake 'n Bake, cont. next page*

### Shake 'n Bake, cont.

tions movement ON base (versus the standard practice of deploying elsewhere). The Wing was required to generate a deployment line, get folks out the door on a (simulated) deployment to the Horn of Africa, and stand up a modular airborne firefighting system (MAFFS) aircraft once requested to assist with nearby wildfires. Towards the end of the exercise, the local police department requested (simulated) assistance from the base (13 security forces members) in order to assist an overwhelmed Reno Police Department in downtown Reno. All of this was accomplished in the turmoil of a severely degraded environment.

All in all, the day went smoothly.

“From my perspective, as the Wing Commander, you more than met the intent of the exercise,” the Wing Commander, Col. Catherine Grush said, “I walked around and listened to people move through the exercise, the team was focused on making the exercise better and that was so refreshing.”

This helps meet the base’s readiness goals and one of the Adjutant General’s priorities of Advancing Full Spectrum Readiness. These exercises are a part of Continuous Evaluation and Improvement. They emphasize the importance of regular assessments, after-action reviews, and lessons learned that drive us to identify areas for improvement and refine readiness procedures. These exercises also encourage a culture of continuous learning and adaptation to stay ahead of evolving threats and challenges.

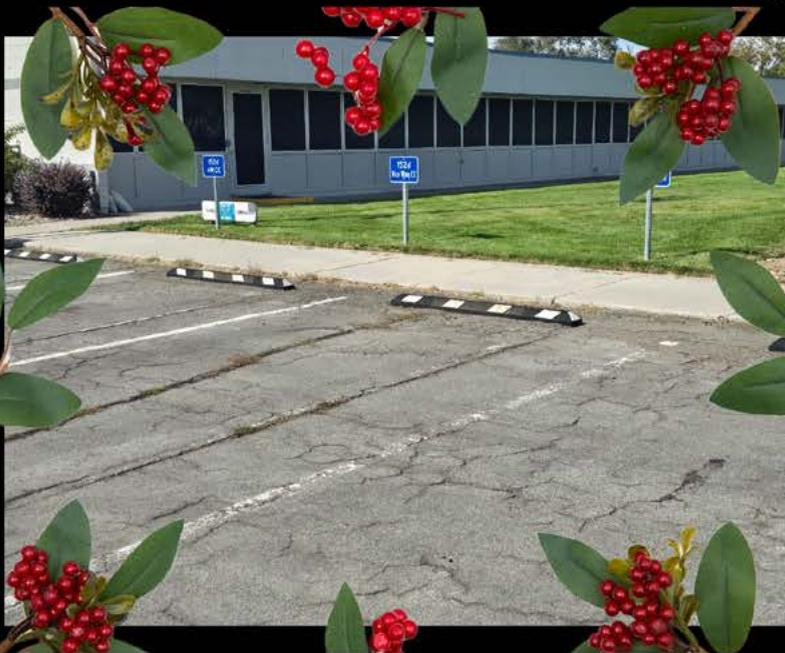
“More exercises like this one, which combine the requirements of multiple regulation-driven objectives, are on the horizon for the Nevada Air National Guard.” said Lt. Col. Christopher LeRoy, Wing Inspector General, “This helps meet the base’s readiness goals, the Adjutant General’s priorities of Advancing Full Spectrum Readiness, and gives us a mechanism to save more of our unit member’s valuable time. Such exercises are a part of our Wing’s Continuous Evaluation and Improvement. They reinforce a culture of continuous learning and permit units to make mistakes in a notional environment instead of figuring things out on the fly in a real world emergency.”





# The Wing Staff is raising funds for its Holiday Party Get your very own premium parking spot for a UTA

Put in how many tickets purchased and name.



Command Post  
@CP\_152AW

**venmo**

\$5 a ticket or 5 tickets for \$20.00

# Security Forces members return from deployment

Staff Sgts. Caitlin Loera and Samuel Williams along with Airman 1st Class John Montalvo just returned from an eight month deployment to Al Udeid Air Base in Qatar.



# Welcome home!

152<sup>nd</sup> LRS

# Chorizo Feed

Sunday, October 20<sup>th</sup>, 0700 - 0930

SANGA

\$7 per person

Come join us for Chorizo Burritos,  
Coffee, Muffins, Fruit  
and more!

**\*Cash or Venmo Accepted**

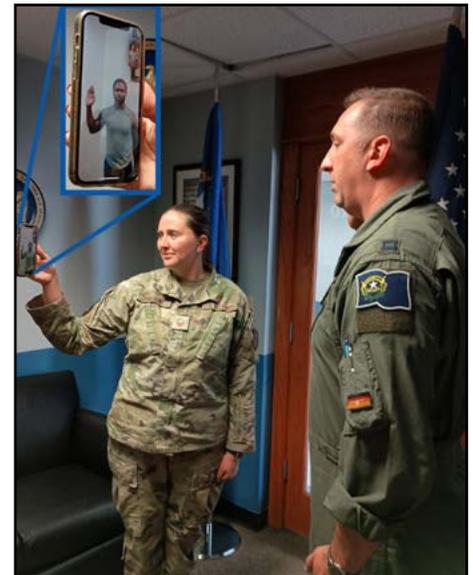


# Command Post volunteers in the community

Members of the 152nd Airlift Wing's Command Post volunteered to clean up the VFW 9211 Bunker on Sept. 8, 2024. Great job getting out there in the community High Rollers!



# WELCOME TO THE HIGH ROLLER TEAM! NEW ENLISTEES!



**All new enlistees:** (in no particular order)

SrA Giovanni Rodriguez - MXG  
A1C Kimberly Roberson - IS  
TSgt Jose Melendez - LRS  
SrA Timothy Fitch - LRS  
SSgt Ryan Rasch - CES  
SrA Elijah Robinson - AW/PA

# CELEBRATING

## National Disability Employment Awareness Month

Article Courtesy of: 152nd Equal Opportunity Office



National Disability Employment Awareness Month (NDEAM) recognizes the contributions by those with disabilities who make our Nation great.

Led by the U.S. Department of Labor's Office (DOL) of Disability Employment Policy, NDEAM reaffirms the Department of Defense's (DoD) commitment to recruit and advance disabled individuals throughout its workforce. The DOL has chosen the theme, "Access to Good Jobs for All."

People with disabilities are part of a diverse group that includes people with sensory, physical, and mental conditions. Disabilities cross the lines of age, ethnicity, sex, race, sexual orientation, and socioeconomic status.

Almost everyone is likely to experience some form of disability—temporary or permanent—at some point in their life.

Do you know about *Olmstead v. L.C.*?

*Olmstead v. L.C.* is considered the most important Supreme Court case for disabled members' civil rights. 2024 marks the 25th anniversary of this key decision, which expanded the Americans with Disabilities Act (ADA) and bolstered the independent living movement.

The case was brought by Lois Curtis and Elaine Wilson after they were kept in Georgia mental institutions despite being recommended for community-based treatment.

As a result of neglect towards them, attorney Sue Jamieson filed a lawsuit on their behalf against the Geor-

gia Department of Human Resources.

At the Supreme Court, the justices ruled in favor of the women, asserting that they had been unfairly segregated into institutions alongside others with disabilities.

The ruling specified that individuals with disabilities had the right to receive treatment in integrated settings if they choose, with their doctors' approval, and provided that the accommodations are reasonable. In the years since, the *Olmstead* decision has served as the basis of several other decisions that have increased the rights of disabled individuals.

*Olmstead v. L.C.* has allowed disabled individuals greater autonomy and freedom from discrimination. It tested the strength of the ADA and has served as the bedrock for Federal Government policies in providing opportunities for independent living and employment.

Nobody should be held back from access to job opportunities because of a disability. People with disabilities offer important, unique perspectives that can make the workplace, and our Nation at large, better. The DoD recognizes this and strives to build an inclusive workforce for total force readiness.

If you would like more information on how to celebrate diversity in your work area please visit [www.deomi.org](http://www.deomi.org) or contact the 152 Equal Opportunity Office in BLDG 56 Room 34, call 788-4649, or email Master Sgt. Nichole Landers, EO Director, [nichole.landlers@us.af.mil](mailto:nichole.landlers@us.af.mil).



# **BREAKING NEWS**

● **LIVE**

## **Key Spouse Program Rebranded**

The Department of the Air Force recently announced the Key Spouse Program is changing to the Commander's Key Support Program.

The updated program expands opportunities for Airmen, federal employees and family members to contribute to their units, allowing anyone interested, irrespective of marital status, to hold roles as long as volunteer duties do not conflict with primary responsibilities. Volunteers will now be identified as Key Support Liaisons.

In addition to a new name, the program incorporates new readiness, resource and connectedness objectives designed to help commanders meet the needs of the modern family.

For more information contact:

Angie Solberg  
Key Support Mentor  
(775) 781-0027  
[152cksp@gmail.com](mailto:152cksp@gmail.com)



# Meet the Air Combat Command's only operational test maintenance division

Story by 1st Lt. Rebecca Abordo | 53rd Wing Public Affairs



*U.S. Airmen assigned to the 57th Aircraft Maintenance Group and the 59th Test and Evaluation Squadron conduct a cold integrated combat turn (ICT) on an F-35A Lightning II at Nellis Air Force Base, Nevada, April 29, 2024. The ICT is part of a rapid aircraft generation and employment project executed to test the viability of loading four AIM-120 advanced medium-range air-to-air missiles while simultaneously refueling the aircraft with engines turned off. (U.S. Air Force photo by Airman 1st Class Elizabeth Tan)*

EGLIN AIR FORCE BASE, Fla. -- In the dynamic environment of U.S. Air Force operations, the Maintenance Operational Test (MxOT) Division within the 59th Test and Evaluation Squadron bridges the gap between maintenance and operational testing with innovation. MxOT plays a pivotal role in ensuring that cutting-edge technologies seamlessly integrate into frontline aircraft.

Unlike conventional maintenance roles, MxOT operates at the intersection of technical expertise and operational testing, ensuring that newly integrated systems meet operational standards. Their mission is to propel fighter aircraft capabilities by aligning aircraft systems advancement efforts from operational, maintenance, logistics, and sustainment perspectives.

“Our main role is to provide a middle ground between maintainers and pilots, communicating requirements and support from both communities while still delivering capability to the warfighter,” said Capt. Cameron Castleberry, MxOT’s Project Manager. “The goal is to create a symbiotic relationship that enables us to get more testing accomplished.”

The MxOT division was established in 2022 in response to numerous upgrades and support requests that fell outside of the scope of regular operational maintenance. Its inception aimed to address these



*Members of the Maintenance Operational Test (MxOT) Division within the 59th Test and Evaluation Squadron pose for a team photo April 29, 2024, at Nellis Air Force Base, Nev. MxOT plays a pivotal role in ensuring that cutting-edge technologies seamlessly integrate into frontline aircraft. (Courtesy photo)*

needs within the operational test enterprise, thereby enabling a specialized focus on maintenance testing. This strategic approach allows the 59th TES to prioritize the refinement of tactics, techniques and procedures (TTPs) that had previously been overseen.

“The Air Force has conducted maintenance testing for years, but there was never a specific unit in charge of it,” said Shawn Fradet, MxOT’s Operational Analyst. “This division allows us to give maintenance testing the rigor and attention it requires.”

Division project managers oversee the complex coordination required for successful test integration. The managers collaborate closely with System Program Offices, ACC’s Weapon System Teams, developmental test members, engineers, analysts, pilots, and subject matter experts within the field to evaluate and refine test submissions. This coordination ensures that each TTP is not only effective but also sustainable and reliable under real-world conditions.

“Coming to this unit requires you to be a jack of all trades,” said 2nd Lt. Taleah Cooper, MxOT’s Assistant Project Manager. “Our team has experts who work with every Air Force fighter aircraft, which creates a very high paced work tempo.”

Recently, MxOT has made significant progress on the modernization of the F-22 Raptor. The division’s objective is to enhance the platform’s maintainability and reliability for all operational stakeholders as Raptor Agile Capability Release (RACR) hardware and

*MxOT next page*

## MxOT, cont.



*U.S. Airmen assigned to the 57th Aircraft Maintenance Group and the 59th Test and Evaluation Squadron conduct a cold integrated combat turn (ICT) on an F-35A Lightning II at Nellis Air Force Base, Nevada, April 29, 2024. ICT requires the aircraft to be fueled simultaneously as four AIM-120 advanced medium-range air-to-air missiles are loaded with engines turned off. (U.S. Air Force photo by Airman 1st Class Elizabeth Tan)*



*U.S. Air Force Airmen complete independent pilot off-station procedures (IPOP) for an F-35 Lightning II at Nellis Air Force Base, Nevada, April 1, 2024. The intent for IPOP Tactics Development and Evaluation is to equip Combat Air Forces with a tool that permits location agnostic off-station operations for the F-35 Lightning II to operate without the deployment of maintenance personnel. (U.S. Air Force photo by Airman 1st Class Brianna Vetro)*

software advancements continue to be tested.

Castleberry attributed the division's progress to its proactive approach to overcoming challenges.

"Instead of 'working to get a yes,' we begin with a 'yes' and navigate challenges to ensure the warfighter gets the capabilities they need," he said.

Additionally, the division is working on an initiative called Independent Pilot Off-Station Procedures (IPOP) for the F-35 Lightning II. The purpose of IPOP is to provide a flexible tool to the Combat Air Force (CAF) that allows for location agnostic off-station operations for the F-35 to operate quickly without the deployment of maintenance personnel. These skills are essential for agile combat employment (ACE) operations, as they enable pilots to make informed decisions regarding the operations and maintenance of their aircraft.

"These initiatives exemplify how the division transforms innovative ideas into practical tools for our warfighters," said Chief Master Sgt. Randolph Crosslin, 53rd Wing command chief. "MxOT exemplifies our commitment to operational test excellence and maintainability."

A hallmark of MxOT is its collaborative culture that encourages innovation, empowering members to explore new ideas and contribute actively to project development. Their vision is to be a holistic maintenance organization leveraging existing expertise within the U.S. Air Force Warfare Center to test, evaluate, and advance fighter aircraft capabilities.

"Everyone here truly exemplifies a 'get after it' attitude," said Cooper. "We are all passionate about these

projects because we know where they're going and know how important they are to the warfighter."

The division is currently evaluating an initiative they have coined Rapid Aircraft Generation and Employment (RAGE) for the F-35 Lightning II. The goal of RAGE is to develop TTPs that minimize combat turn time, which is the time required to regenerate an aircraft to a mission capable state. This effort helps minimize personnel and equipment vulnerability to increase survivability and lethality.

"Ultimately, as we face the potential for conflict with a peer adversary, we must look to mitigate war-gaming assertions that show 90% of aircraft losses happen on the ground," said Crosslin. "Tactics like RAGE and IPOP will be vital to the survival of not only aircraft but also the thousands of Airmen working on the flightlines at forward operating locations. This team continues to drive advancements that will ensure our dominance through air superiority and lethality."



# What's happening in High Roller Country!??

## RECENT PROMOTIONS



Senior Master Sgt. Javier Sosa was promoted to chief!  
Master Sgt. Cully Ruiz was promoted to senior master sergeant!  
Tech. Sgt. Thomas Siler was promoted to master sergeant!

## RETIREMENTS



Master Sgt. Javier Contreras and Command Chief Master Sgt. Sherdean Din both retired!

**Congratulations all around!**

**HIGH ROLLERS**

# 152d Continuous Improvement and Innovation – CI<sup>2</sup>



## Mission

People, Purpose, and Process equals Performance

## Vision

To educate, advise, mentor, and empower subject matter experts in their fields to own and improve processes, enhancing our wing's lethality, agility, and readiness

Have an idea or need information? Contact your Wing Process Manager Lt Col Masten Bethel

Email: [masten.bethel.1@us.af.mil](mailto:masten.bethel.1@us.af.mil)

Teams: 152 CI2 - Continuous Improvement and Innovation

CI<sup>2</sup> Portal: Continuous Improvement & Innovation Portal (CI<sup>2</sup>) - home1 (dps.mil)

# GET HOME SAFE ON THE HIGH ROLLERS

SCAN QR CODE OR USE  
PROMO CODE: ROLLER22

AVAILABLE ALL WORKDAYS, 1630-2400 FROM BASE  
(ONLY) TO YOUR DESTINATION

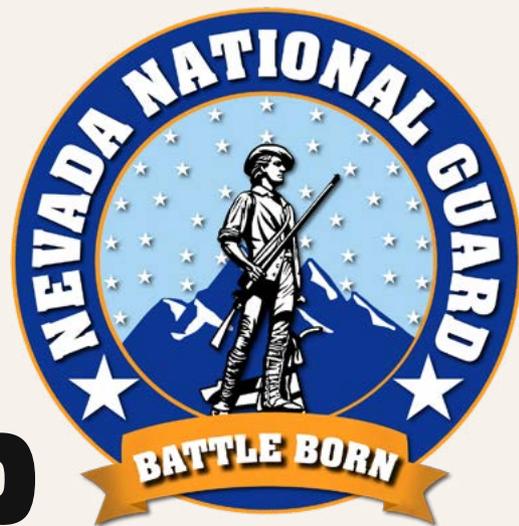


PROVIDED BY



# HIGH ROLLERS

Join our  
**SPECIAL  
MEMBERSHIP**



Nevada National Guard Association works for you! The local chapter of the National Guard Association of the United States (NGAUS), NNGA lobbies for members here in Nevada, recently gaining tuition waiver assistance for family of service members, a Tax Free Holiday every Nevada Day Weekend and putting Nevada on the map hosting two of the past three NGAUS conferences (Las Vegas, 2021, and Reno, 2023).

**\$250 digital lifetime (LIMITED TIME OFFER)**

To become a member, visit:  
<https://www.nganv.org/membership-form>

**SIGN UP NOW**



**JOIN TODAY!**

**SIGN UP TO OUR NEW MEMBERSHIP**

**SIGN UP TO OUR NEW MEMBERSHIP**

**NEW MEMBERSHIP**

**SIGN UP TO OUR NEW MEMBERSHIP**

**SIGN UP TO OUR NEW MEMBERSHIP**

**SIGN UP TO OUR NEW MEMBERSHIP**

Nevada National Guard Presents

# Yoga for Mental Wellness

**Mindful Resilience Yoga**  
with **Nikky Randel**, RYT-200,  
Mindful Resilience and Trauma  
Sensitive Yoga Instructor



Scan to view upcoming dates  
and for registration.  
New dates added monthly.

YOGA PROMOTES MENTAL WELLBEING BY REDUCING STRESS, ENHANCING MOOD, AND INCREASING SELF-AWARENESS THROUGH MINDFULNESS PRACTICES. IT IMPROVES CONCENTRATION, EMOTIONAL BALANCE, AND RELAXATION, LEADING TO BETTER SLEEP AND INCREASED RESILIENCE IN FACING LIFE'S CHALLENGES.



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Contact your local ANG recruiter for more details.

**NON PRIOR: UP TO \$50,000**

**PRIOR SERVICE: UP TO \$75,000**

**RE-ENLISTMENT: UP TO \$90,000**



VISIT WEBSITE



# ONLINE UNIFORMED SERVICES ID CARD (USID) RENEWAL

## USID CARDS

- Issued to retired and reserve uniformed Service members, dependent family members, and other eligible individuals in accordance with DoD policy
- Used for access to benefits, privileges, and DoD facilities

## CURRENT RENEWAL PROCESS

- ❌ Must be done **in person** at a RAPIDS site
- ❌ Often requires an appointment scheduled in advance
- ❌ No opportunity to renew online



## WHAT'S CHANGING?

- ✅ Sponsors can request card renewals **online, from anywhere**
- ✅ Cards will be mailed to the cardholder via US mail
- ✅ No in-person requirement for most renewals



## REQUIREMENTS

- Sponsor must be a CAC holder or have a DoD Self-Service Logon username/password
- Must be requesting a renewal of an active USID card
- Sponsor and Cardholder must have email addresses listed in DEERS that they have authorized DoD to use for contacting them
- Sponsor's personnel status must extend at least 30 days into the future
- Cardholder has a photo saved in DEERS taken in the last 12 years
- Cardholder's mailing address is present in DEERS and is in United States
  - USID cards **cannot** be shipped to PO Boxes

## FOR MORE INFORMATION

See ID Card Office Online (IDCO): <https://idco.dmdc.osd.mil/idco/>



# MILITARY HEALTH SYSTEM MHS GENESIS

The Military Health System's new Electronic Health Record

## MHS GENESIS PATIENT PORTAL

The MHS GENESIS Patient Portal is a secure website for 24/7 access to yours or your dependents health information, exchange messages with your care team, and sending in outside records. The new patient portal is replacing the TRICARE Online Secure Patient Portal. You will be required to have a DS Logon or CAC.

### To access the MHS GENESIS Patient Portal:

- Google "MHS GENESIS Patient Portal" or scan the QR Code below if you wish to access from your phone.
  - If accessing from your phone, you will need the Microsoft Authenticator app 
  - After scanning the QR Code, be sure to open it up in a browser so you can navigate to the Authenticator application.
- Log on with DS Logon or CAC.
  - If you do not have a DS Logon, click "Create New Account" and it will prompt you to create one.

### Send a Message to the 152d Medical Group!

#### You can now send your outside health records via the Messaging function in MHS GENESIS!

- In your MHS GENESIS Patient portal, click "Messaging" at the top of the screen, then click "Send a message."
- Fill in the required fields. (In the "To" box, type in **152** and click "Air Natl Guard 152 MDG Readiness")
- Attach files you want to be input into your medical record.
- You may also use this function to request appointments.



# TIME IT TAKES A HACKER TO BRUTE FORCE YOUR PASSWORD IN 2024

How did we make this? Learn at [hivesystems.com/password](https://hivesystems.com/password)

Number of Characters	Numbers Only	Lowercase Letters	Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters, Symbols
4	Instantly	Instantly	3 secs	6 secs	9 secs
5	Instantly	4 secs	2 mins	6 mins	10 mins
6	Instantly	2 mins	2 hours	6 hours	12 hours
7	4 secs	50 mins	4 days	2 weeks	1 month
8	37 secs	22 hours	8 months	3 years	7 years
9	6 mins	3 weeks	33 years	161 years	479 years
10	1 hour	2 years	1k years	9k years	33k years
11	10 hours	44 years	89k years	618k years	2m years
12	4 days	1k years	4m years	38m years	164m years
13	1 month	29k years	241m years	2bn years	11bn years
14	1 year	766k years	12bn years	147bn years	805bn years
15	12 years	19m years	652bn years	9tn years	56tn years
16	119 years	517m years	33tn years	566tn years	3qd years
17	1k years	13bn years	1qd years	35qd years	276qd years
18	11k years	350bn years	91qd years	2qn years	19qn years



› Hardware: 12 x RTX 4090 | Password hash: bcrypt

# Join the NVANG Color Guard Team



Color Guard Presentation performed at the Greater Nevada Field for the Reno Aces.

Presenting Colors for on-base events such as promotions, retirements, change of command, award ceremonies and etc.

Presenting Colors for our local community events such as sports events, governor's balls, veteran's appreciation, conventions, and many more!

Requirements to join the Color Guard:

- Highly Motivated
- Availability and Commitment
- Exceeded standards set in AFI 36-2903 (Dress and Appearance)
- Your Supervisor's and Commander's approval.

For more information please feel free to contact SMSgt David Hill ([david.hill.14@us.af.mil](mailto:david.hill.14@us.af.mil)) at 775-788-4575 or SrA William Mendez ([william.mendez.4@us.af.mil](mailto:william.mendez.4@us.af.mil)) at 775-788-9320.



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**FOR MORE INFORMATION,  
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**775-788-4515**





U.S. AIR FORCE

# Spectrum of Resilience

Supporting Airmen and their Families to help them thrive

## SELF

Stress Management  
Physical Fitness  
Mental Fitness  
Spiritual Fitness  
Financial Services  
Wellness



## FAMILY & FRIENDS

Spouses  
Partners  
Friends  
Virtual Friends  
Family Members  
Mentors



## PEER/SOCIAL

Religious Groups  
MWR  
Shared Hobbies  
Professional Organizations  
Sports Teams  
Clubs  
Co-Workers



## SUPPORT ENTITIES

Chaplains  
Military & Family Readiness Center  
Victim Advocates  
Victims Counsel  
Employee Assistance  
Ops Support Teams  
True North  
Unit Leaders  
Military OneSource



## CLINICAL/MEDICAL HEALTH

TRICARE  
Mental Health Clinic  
Behavioral Health  
Counseling  
ADAPT



**We encourage Airmen and their Families to seek out the help needed at any level, and to be a support, help or bridge for others across the full Spectrum of Resilience.**

Visit <https://www.resilience.af.mil/>

for more information on resources available to you and your family.

\*Available resources may vary by installation.

# TEC-U

## LEADERSHIP CERTIFICATE PROGRAM\* ONLINE

### NOT THE TYPICAL 2-HOUR CBT!

### SIX MANDATORY COURSES

- PERSONAL/PROFESSIONAL DEVELOPMENT (1HR)
- INTRODUCTION TO LEADERSHIP (1HR)
- FUNDAMENTALS OF LEADERSHIP (2HRS)
- EFFECTIVE COMMUNICATION (1HR)
- CONFLICT RESOLUTION (1HR)
- FEEDBACK (1HR)

### TWO OPTIONAL COURSES

- BULLET WRITING (2 HRS)
- COACHING (1HR)
- CHANGE MANAGEMENT (1HR)
- TEAM CULTURE (1HR)
- DICHOTOMY OF LEADERSHIP (1HR)

### **EASY AS 1, 2, 3!**

1. THERE ARE SIX MANDATORY "CORE" CLASSES TO COMPLETE.
2. CHOOSE TWO OF THE "OPTIONAL" CLASSES TO COMPLETE.
3. COMPLETE A "CAPSTONE" STUDY, IN WHICH A SCENARIO WILL BE GIVEN TO ANSWER QUESTIONS ON HOW TO APPLY THE CONCEPTS AND PRINCIPLES LEARNED. THIS IS THE CULMINATION OF ALL THE PREVIOUS LESSONS.



**SIX MONTHS TO COMPLETE  
SIGN UP HERE:**

**[tec.mediashareiq.com](http://tec.mediashareiq.com)**



### **FOR MORE INFO CONTACT: MR. LAWRENCE MCCOY**

Email: [lawrence.mccoy.1@us.af.mil](mailto:lawrence.mccoy.1@us.af.mil)  
Superintendent, Learning Development  
TEC University  
McGhee Tyson ANGB, TN  
DSN: 266-3803 Comm: 865-336-3803  
Telework: 865-386-8391

\*This is a total force course,  
open to all services and civilians  
Bullet Writing Course is Air Force Specific



# COMBATING TRAFFICKING IN PERSONS

U.S. DEPARTMENT OF DEFENSE



## THERE'S NO ONE FACE

VICTIMS INCLUDE EVERY RACE, GENDER, NATIONALITY, SOCIAL STATUS, ECONOMIC STATUS, IMMIGRATION STATUS.

## RECOGNIZE INDICATORS

PHYSICAL AND BEHAVIORAL SIGNS OF COERCION, LACK OF FREEDOM OR FREE WILL, MONITORED, OR FEARFUL.

## REPORT SUSPICIONS

IMMEDIATELY TO YOUR CHAIN OF COMMAND OR LOCAL LAW ENFORCEMENT.

### ADDITIONAL RESOURCES INCLUDE:

HUMAN TRAFFICKING DOD HOTLINE AT  
DODIG.MIL/HOTLINE OR CALL TOLL-FREE

**800-424-9098**

NATIONAL HUMAN TRAFFICKING HOTLINE

**1-888-373-7888**

FOR MORE INFORMATION GO TO: <https://CTIP.defense.gov>

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