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|---------------------------|--------------------------|--------------------------|--------------------------|
| <b>THUR</b><br>95°<br>62° | <b>FRI</b><br>93°<br>58° | <b>SAT</b><br>90°<br>55° | <b>SUN</b><br>88°<br>56° |
|---------------------------|--------------------------|--------------------------|--------------------------|

### Partnerships forged during aerial firefighting training

By Tech. Sgt. Nicholas Carzis  
146th Airlift Wing Public Affairs, CANG

SAN BERNARDINO, Calif. – In the dry heat of the high desert, the California and Nevada Air National Guard, U.S. Forest Service, CAL FIRE, and multiple other firefighting agencies across the United States are performing their annual certification training for the aerial firefighting mission with MAFFS (Modular Airborne Fire Fighting System).

The success of this training is built on the trusted partnerships between the firefighting agencies, having forged their tactical expertise suppressing wildfires since the early 1970s.

According to Kim Christensen, U.S. Forest Service Deputy Director for Fire Operations, this year marks the 48th anniversary of the MAFFS partnership between the Air National Guard and the U.S. Forest Service, a collaboration she describes fondly for the members' commitment and professionalism on both sides.

Christensen also says this year's certification and training are starting just in time.

"Fire season has started much earlier than in previous years. We are simultaneously conducting training and certification while supplementing our fleet to fight active fires burning in California right now."

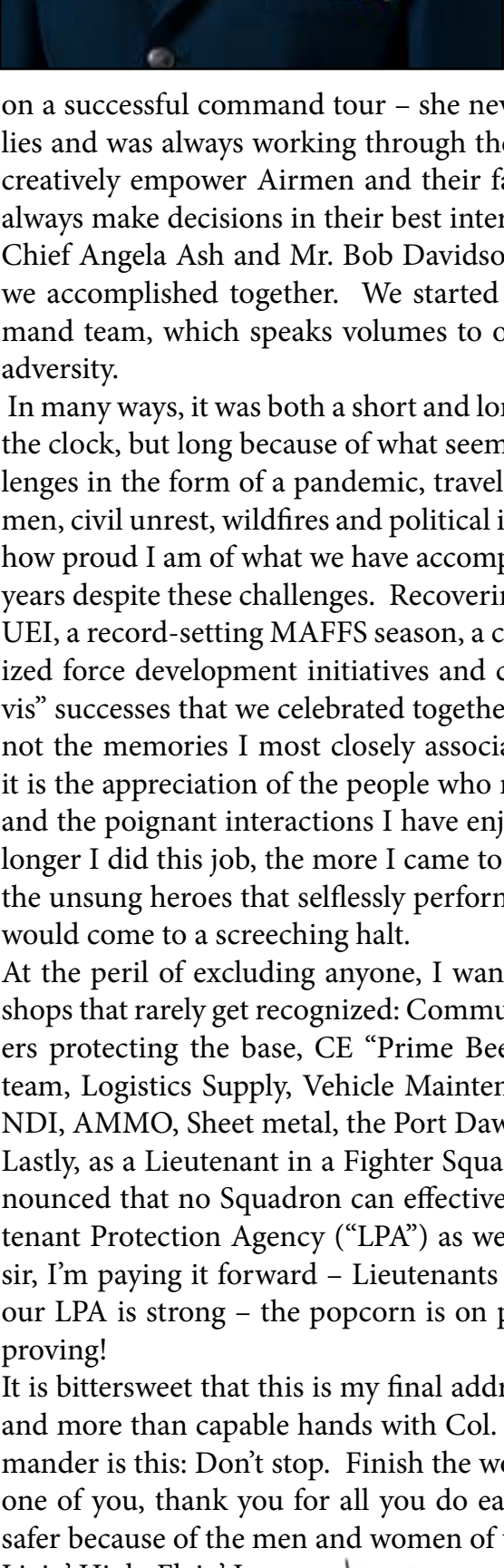
[CLICK HERE FOR COMPLETE STORY](#)



U.S. Air Force Chief Master Sgt. Mikael Sundin, Command Chief Master Sgt. 1st Air Force, tours a C-130E Hercules aircraft from the 152nd Airlift Wing during MAFFS (Modular Airborne Fire Fighting System) training at the San Bernardino Air Tanker Base, California, May 5, 2021. Utilizing C-130 aircraft equipped with the MAFFS unit, Air National Guard aircrew from the 152nd Airlift Wing and the 146th Airlift Wing work together to accomplish their aerial firefighting certification training alongside the U.S. Forest Service and other wildfire prevention agencies. (U.S. Air National Guard photo by Senior Airman Michelle Ulber)

### NOTAM: Team 22 OUT

By Col. Jacob Hammons, Commander, 152nd Airlift Wing



High Rollers,  
On behalf of Team 22, I want to thank the men and women of the 152nd Airlift Wing for an incredible two years! You have made this experience memorable and satisfying in so many ways, but most of all, it was the highlight of my career to serve as your commander. A command team is made up of the Wing Command Spouse and family, the Vice Commander, the Command Chief and the Honorary Commander. Each part of that team is required to effectively command a Wing. Thank you to Sydney-Ann and congratulations on a successful command tour – she never stopped fighting for your families and was always working through the obstacles of the past two years to creatively empower Airmen and their families. I love my family and will always make decisions in their best interest. Thanks to Col. Dave Manson, Chief Angela Ash and Mr. Bob Davidson – I am incredibly proud of what we accomplished together. We started and finished with the same command team, which speaks volumes to our unity and adaptability through adversity.

In many ways, it was both a short and long two years. Short as measured by the clock, but long because of what seemed to be constant unforeseen challenges in the form of a pandemic, travel restrictions, concerns for our Airmen, civil unrest, wildfires and political instabilities. I can't begin to express how proud I am of what we have accomplished as a Wing over the past two years despite these challenges. Recovering our readiness focus, a successful UEI, a record-setting MAFFS season, a campaign of connectedness, revitalized force development initiatives and councils – there were many "high-viv" successes that we celebrated together. Yet, as I depart the fix, those are not the memories I most closely associate with the High Rollers. Rather, it is the appreciation of the people who make this base run on a daily basis and the poignant interactions I have enjoyed over the last 19 months. The longer I did this job, the more I came to revere those critical functions and the unsung heroes that selflessly perform them, for without them, the base would come to a screeching halt.

At the peril of excluding anyone, I wanted to publicly acknowledge those shops that rarely get recognized: Communications Focal Point, our Defenders protecting the base, CE "Prime Beef" and our grounds maintenance team, Logistics Supply, Vehicle Maintenance, Pass and ID, Public Health, NDI, AMMO, Sheet metal, the Port Dawgs and the Loadmasters.

Lastly, as a Lieutenant in a Fighter Squadron, my commander publicly announced that no Squadron can effectively function without a strong Lieutenant Protection Agency ("LPA") as well as the "Captain's Mafia." PUGS, sir, I'm paying it forward – Lieutenants are the heart of the Squadron and our LPA is strong – the popcorn is on point and the CRUD skills are improving!

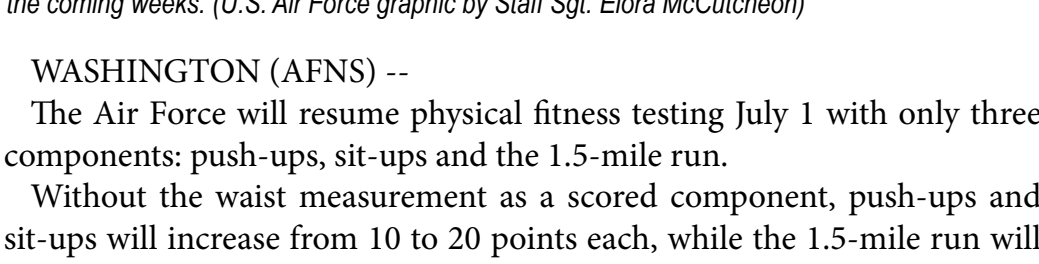
It is bittersweet that this is my final address, but the Wing is in great shape and more than capable hands with Col. Ford. My last order as your Commander is this: Don't stop. Finish the work we started. I am proud of each one of you, thank you for all you do each and every day. Our country is safer because of the men and women of the High Rollers. FIGHT'S ON! Livin' High, Flyin' Low,

Roller 1

### PT Testing

#### Air Force releases updated fitness test score breakdown

By Secretary of the Air Force Public Affairs



Physical fitness testing will resume July 1, 2021. Several changes have been made to the test to include increasing scoring for push-ups and sit-ups from 10 to 20 points each, five-year age groups and the waist measurement no longer being required. The Air Force has also worked on alternative strength and cardiovascular testing exercise options with plans to announce them in the coming weeks. (U.S. Air Force graphic by Staff Sgt. Elora McCutcheon)

WASHINGTON (AFNS) -- The Air Force will resume physical fitness testing July 1 with only three components: push-ups, sit-ups and the 1.5-mile run.

Without the waist measurement as a scored component, push-ups and sit-ups will increase from 10 to 20 points each, while the 1.5-mile run will remain at 60 points. Scoring will fall into five-year age groups, as opposed to the previous 10. Updated charts can be found here.

The waist measurement will no longer be required as part of the physical fitness test but a separate assessment of body composition, as required by DoD Instruction 1308.3, will continue starting in October. Testing for body composition may continue to use some form of waist measurement and may be administered during PT testing to reduce scheduling and administrative burdens, but body composition will not be a component of the PT test itself. Further details on the body composition program will be released at a later date.

The Air Force has also worked on alternative strength and cardiovascular testing exercise options with plans to announce them in the coming weeks. Once announced, members and fitness monitors will have approximately six months to familiarize themselves with use and execution of the alternative testing options prior to having them available in January 2022. Members will have a choice of which testing options they choose for their physical fitness assessment components. The six-month timeline will help ensure fitness assessment cells are prepared to train physical training leaders to administer tests using the new options.

"We are moving away from a one-size-fits-all model," said Air Force Chief of Staff Gen. CQ Brown, Jr. "More testing options will put flexibility in the hands of our Airmen – where it belongs. We know not all Airmen maintain their fitness the same way and may excel in different areas. Alternate components provide choices while still providing a mechanism to determine overall fitness."

These changes align under the Air Force's Action Order Airmen, people-first approach.

"Physical fitness is an important part of our everyday lives, it's more than just a test – it's a way of life, our readiness and ultimately our future success," said Chief Master Sgt. of the Air Force JoAnne S. Bass. "July 1st is a chance to refocus on building a lifestyle of fitness and health, and I know our Airmen will be ready."

For additional information, Airmen can visit myPers or the Air Force's Personnel Center's fitness program page.

The Space Force will follow these policies until service-specific fitness policies are developed and fielded.

#### NEVADA LEADERSHIP UNIVERSITY

- Do you want to grow yourself, your team, or your organization and want to know the best way to make the impact?
- NLU is open to everyone, and that includes YOU!
- Here is the link to the NLU website: <https://nlu.af.mil>. It's on the NV NG website and you can also find it through Facebook and AF Connect. Click on Leadership University to enter: <https://www.af.mil/News/Leadership%20University/NVNGU/Home/>
- NLU overall purpose is to "provide leadership training and resources to the Soldiers and Airmen of the Nevada National Guard"
- There's a "mentorship" link that allows you to be a part of our newest mentoring program this year and you can still join! Once you enter the "Air Force Leadership Journey," it's broken down by Enlisted and Officers and by rank, so it's very customized to meet your requests.
- Here are some benefits of the NLU website!
  - Want to know when you are eligible for promotion or requirements to be promoted?
  - What resources are you looking for? There is information on Self Leading/Team Leading/and Organizational Tracks
  - View several reading lists designed specifically for you, including Podcasts and videos
  - Get connected with the most up-to-date leadership information to help you meet your potential!
  - Coming soon – Will Suite Learning, where you will be able to take classes of your choice!

### NEW FITNESS SPECIALISTS

(M-F except down Mondays)

**Coach DJ**  
0500-0900  
SPECIALIZING IN:  
YOUTH EXERCISE  
SENIOR FITNESS  
WEIGHT LOSS  
HIGH INTENSITY INTERVAL TRAINING  
GROUP FITNESS PROGRAMS  
WEIGHT TRAINING  
ONE-ON-ONE FITNESS TRAINING

**Coach Clemente**  
1400-1800  
SPECIALIZING IN:  
HIGH INTENSITY INTERVAL TRAINING  
KICKBOXING FOR FITNESS  
BOOT CAMP TRAINING  
FAT LOSS  
ENDURANCE TRAINING  
FUNCTIONAL FITNESS AND PROPER FORM  
FUNCTIONAL MOVEMENT SCREEN  
KETTLE BELL TRAINING

UTA Weekends: 0900-1300

CLICK/SCAN TO GO TO OUR DVIDS  
(DEFENSE VISUAL INFORMATION  
DISTRIBUTION SERVICE PAGE)

### Finance Forum

USE DTS/CTO FOR ALL RESERVATIONS  
1. It is mandatory policy that all Uniformed Service Members and DoD civilian employees use an available DTMO contracted CTO ... for all official transportation requirements.  
2. The eligible traveler must contact the responsible Service/Agency/DoD Component designated official if there is not an available DTMO contracted CTO ... for the official travel.  
3. Payment construction comparisons provided below should in no way be interpreted to suggest that use of other than the DTMO contracted CTO ... is authorized or encouraged.  
4. The payment options are provided for situations when the CTO ... cannot be used.  
5. Par. 1035 applies to those who violate policy.  
Please see the JTR, para. 1100, para. 2400, para. 3000-B, para. 3045, para. 4130. OBTAIN AIRFARE RECEIPTS  
A receipt is required to be submitted, to support reimbursement claims for airfare costs. To obtain a valid receipt from the CTO, use this web site. The phone num-

[CLICK TO VISIT THE FINANCE PAGE](#)

### Lodging Information

For the hotel location members can contact Services' billing office at: 775-788-9320 or 152.aw.lodging.org@us.af.mil

Members must sign-in with the hotel representatives to ensure they are accounted for in the rooms. Failure to sign-in or not showing up for a confirmed reservation will result in by-name notification to AW/CC. The cut-off day for reserving a room is COB three days prior to drill. The cut-off day to cancel reservations is COB two days prior to drill.

Members are authorized Friday night stays if they are outside the commuting distance. Please see the map on OneHome.

Members on any type of orders will make their own reservations and pay for it on their GTC. Services provides at least two base billing list updates during the month to provide a list of members who are currently signed up for lodging.  
All RUTA lodging requests must be submitted NLT 72 hours before needed and all

### SAPR News

#### Volunteer Victim Advocate training held at Nevada Air National Guard Base

By Senior Master Sgt. Paula Macomber, 152nd Airlift Wing Public Affairs



A Sexual Assault Prevention and Response Volunteer Victim Advocate training took place May 3-7, 2021 at the Nevada Air National Guard Base. The 40 hour course trained six advocates from all states and territories.

The course proved to have a profound effect on the attendees.

"Our Airmen came back with absolute rave reviews," said Rhonda Franklin, the Wing Sexual Assault Response Coordinator (SARC) at the 147th Attack Wing out of Ellington Field Joint Reserve Base in Texas. "Not only did they thoroughly enjoy the course from start to finish, they ALL said that they left the course feeling absolutely inspired to become actual change agents to address potential issues within our wing. They came back with a LIST of questions and ideas that they wanted to incorporate in our local program and they are all EXCITED to jump in."

"This is the first course held by a Wing SARC since the coronavirus hit last year," Michelle Middleton, the 152nd Airlift Wing SARC said. "Typically a Wing SARC wouldn't be hosting this type of training. The training helps bring other VVAs from other states to train. It's a great opportunity to network with others in our line of work and for them to see how we do things here."

Franklin continued, "We all learn from each other, no one knows all of the answers all of the time and of us together are better than any one of us alone. I want everyone to know what a powerfully, positive impression that Ms. Middleton made. Keep being awesome!"

The next training isn't yet scheduled. If you are interested in becoming a VVA, please contact Michelle Middleton at 775-240-5922.

### COMBATING TRAFFICKING IN PERSONS

U.S. DEPARTMENT OF DEFENSE