Current as of March 22, 2020





COMPLETED TO-DATE

MilitaryOneSource.mil/coronavirus

- Stood up MilitaryOneSource.mil/coronavirus on Friday, March13 https://www.militaryonesource.mil/coronavirus
- Added COVID-19 alert function throughout MilitaryOneSource.mil on Sunday, March 15 to create awareness about the landing page
- Added link to the coronavirus landing page under the Quick Access Menu on MilitaryOneSource.mil
- (New) Updated www.MilitaryOneSource.mil homepage image with COVID-19 button (replacing Promise button)
- Articles completed:
 - (New) Non-medical Counseling for Youth Now Available by Video https://www.militaryonesource.mil/confidential-help/non-medicalcounseling/military-onesource/non-medical-counseling-for-youth-now-availableby-video
 - Take Advantage of Online Learning Resources While Schools Are Closed https://www.militaryonesource.mil/family-relationships/family-life/preparing-yourfamily-for-emergencies/online-learning-resources-while-schools-are-closed
 - Staying Safe While Staying Healthy: Tips for Military Families https://www.militaryonesource.mil/family-relationships/family-life/preventing-abuseneglect/staying-safe-and-healthy
 - How to Get Home Delivery for Medications Under TRICARE https://www.militaryonesource.mil/health-wellness/healthcare/how-to-gethome-delivery-for-medications-under-tricare
 - MWR Digital Library Helps Relieve COVID-19 Cabin Fever https://www.militaryonesource.mil/recreation-travelshopping/recreation/libraries/mwr-digital-library-helps-relieve-covid-19-cabinfever





Current as of March 22, 2020





- Navigating Relationship Safety During the COVID-19 Pandemic
 <u>https://www.militaryonesource.mil/family-relationships/family-life/preventing-abuse-neglect/navigating-relationship-safety-during-the-covid-19-pandemic</u>
- Coronavirus Support Update MyCAA
 https://www.militaryonesource.mil/family-relationships/family-life/preparing-your-family-for-emergencies/coronavirus-support-update-mycaa
- Tips for Teleworking During the Outbreak of Coronavirus Disease 2019
 https://www.militaryonesource.mil/family-relationships/family-life/preparing-your-family-for-emergencies/teleworking-during-the-coronavirus-outbreak
- Suport for Financial Stesses Caused by COVID-19
 https://www.militaryonesource.mil/financial-legal/personal-finance/protecting-your-finances/support-for-financial-stresses-caused-by-covid-19
- What Do Travel Restrictions Mean for Military Families

 https://www.militaryonesource.mil/moving-housing/moving/planning-your-move/what-do-travel-restrictions-mean-for-military-families
- Guidance for Department of Defense Civilians
 https://www.militaryonesource.mil/family-relationships/family-life/preparing-your-family-for-emergencies/guidance-for-civilians
- Coronavirus Support Update Spouse Education and Career Opportunities
 https://www.militaryonesource.mil/family-relationships/family-life/preparing-your-family-for-emergencies/coronavirus-updates
- What Do Travel Restrictions Mean for Service Members?

 https://www.militaryonesource.mil/moving-housing/moving/planning-your-move/what-do-travel-restrictions-mean-for-service-members
- When You Have to Travel: Preventing the Spread of COVID-19
 https://www.militaryonesource.mil/recreation-travel-shopping/travel/travel-planning/preventing-the-spread-of-covid-19-while-traveling
- Coronavirus Support Update Military OneSource Resources
 https://www.militaryonesource.mil/family-relationships/family-life/preparing-your-family-for-emergencies/coronavirus-updates
- Checking for Coronavirus-Related Closures on Your Installation
 https://www.militaryonesource.mil/family-relationships/family-life/preparing-your-family-for-emergencies/checking-for-installation-closures
- Request Emergency Financial Assistance if Impacted by COVID-19 https://www.militaryonesource.mil/financial-legal/personal-finance/borrowing/coronavirus-financial-assistance

Current as of March 22, 2020





- New Travel Restrictions May Impact Your Permanent Change of Station including links to Move.mil fact sheet and Local Personal Property Office location https://www.militaryonesource.mil/moving-housing/moving/moving-and-deployment/travel-restrictions-may-impact-pcs
- Travel Guidance for Department of Defense Civilians
 https://www.militaryonesource.mil/recreation-travel-shopping/travel/travel-planning/civilian-travel-guidance
- Learn the Warning Signs of 'Military Scams'
 https://www.militaryonesource.mil/military-life-cycle/friends-extended-family/learn-the-warning-signs-of-military-scams

Blog Brigade

- COVID-19: The Impacts on Travel Restrictions and PCS'ing by Katelyn Nixon https://blog-brigade.militaryonesource.mil/2020/03/19/covid-19-the-impact-on-travel-restrictions-and-pcsing/
- Call for MilSpouse blogger on establishing new routines, keeping morale high, etc. during COVID-19.
- Keeping "Work" in Telework When You Have Kids at Home
 https://blog-brigade.militaryonesource.mil/2020/03/17/keeping-the-work-in-telework-when-you-have-kids-at-home

Other work:

- (New) Added link to Defense.gov article on COVID-19 Guidance on Impacts to
 Transition Assistance Program and Yellow Ribbon Reintegration Program Events:
 https://www.defense.gov/Newsroom/Releases/Release/Article/2120058/covid-19-guidance-on-impacts-to-transition-assistance-program-and-yellow-ribbon/
- (New) Added link to DFAS status during COVID-19: https://www.dfas.mil/
- Posted link to the Military Health System COVID-19 toolkit: https://health.mil/About-MHS/MHS-Toolkits/COVID-19-Toolkit
- Added link to DECA article, Commissaries adjust shopping limited, implement "No ID touching," begin 100% ID checks and prepare for suspension of early bird hours:
 - https://commissaries.com/our-agency/newsroom/news-releases/commissaries-adjust-shopping-limits-implement-no-id-touching

Current as of March 22, 2020



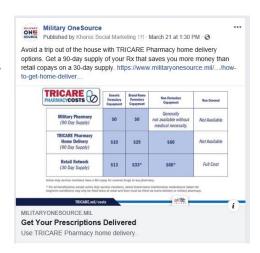


- Added link to AAFES article, AAFES Committed to Supporting Warfighters During COVID-19 Pandemic:
 - http://publicaffairs-sme.com/ExchangePost/2020/03/18/army-air-force-exchange-service-committed-to-supporting-warfighters-during-covid-19-pandemic/
- On March 15, sent an eBlast to all 21,3523 Military OneSource subscribers and account holders about landing page and continuing 24/7 support
- Added link to DoDEA school closings webpage: https://www.dodea.edu/coronavirus.cfm
- Added link to DECA article, Commissaries cancel spring sidewalk sales, product demos and more amid COVID-19 concerns:
 - https://commissaries.com/our-agency/newsroom/news-releases/commissaries-cancel-spring-sidewalk-sales-product-demos-and-more

Social posts on Military OneSource Facebook and Twitter pages

- (New) EFMP families and prescription refills
- (New) CDC recommendation to have 90-day supply of prescriptions on hand
- (New) TRICARE prescription refill options social post
- (New) Yellow Ribbon Reintegration Program response to COVID-10
- (New) Myths vs. Facts: Leave
- (New) Transition Assistance Program response to COVID-19
- (New) Commissaries adjust hours, implement 'no ID touching' policy
- (New) Burn Stress and Get Fit With Health and Wellness Coaching
- Military OneSource Facebook Live daily update Tips for teleworking and dealing with cabin fever
- Myths vs. Facts: travel Restrictions for Service
 Members
- Promoted Navigating Relationship Safety During the COVID-19 Pandemic article
- What to do if You are sick Infographic





Current as of March 22, 2020





- Promoted MilSpouse blog on dealing with travel restrictions and PCS'ing
- Military OneSource Facebook Live announcing the <u>www.MilitaryOneSource.mil/coronavirus</u> landing page
- Military OneSource financial counselors and resources
- Promoted MilSpouse bloggers blog on teleworking
- COVID-19 Myths/Facts quiz
- Travel restrictions FAQs
- Promoted the Military Health Systems Nurse Live call volume issue and options post
- Promoted the announcement of the TRICARE Q&A Facebook Live event
- Co-streamed the TRICARE Q&A Facebook Live event
- Travel restrictions for service members
- Preventing the spread of COVID if you must travel
- Service relief societies
- MilitaryOneSource.mil/coronavirus landing page
- DECA directory message to customers
- DECA canceling sidewalk sales and product demos
- Non-medical counseling services due to stress available
- PCS resources during stop movement
- TSP continuity of services
- PSC FAQs at Move.mil